



NAME..... DATE..... RATING OUT OF 10.....

TITLE: HANGING ON

QUOTE: “If at first you don’t succeed, try, try again. Then quit. No use being a damn fool about it” W.C. Fields

OBJECTIVES FOR THE WEEK:

This week, I want you to look back and forward. Think back to the good ideas you have had, have you given them up too easily? Have you gone the other way and pushed too hard? Look at what you have coming up and chose your battles. What is worth fighting for and what should you let go? Rate what matters to you and fight for the ones you really want. If they are being pushed back, explain why you think they are so important.

RESULTS:

