



NAME..... DATE..... RATING OUT OF 10.....

TITLE: BLAME SOMEONE ELSE AND GET ON WITH YOUR LIFE

QUOTE: “Now this is not the end. It is not even the beginning of the end. But it is, perhaps, the end of the beginning” Winston Churchill

OBJECTIVES FOR THE WEEK:

Firstly, give yourself a big pat on the back for making it to the end.

A lot of people give up on things, so you are a finisher. It is time to open the letter you sent yourself six months ago. How have you progressed?
How are you feeling about it all?

Write yourself another couple of letters, one for six months and one for a year away.

You have started the journey.
Good luck in keeping it going.

RESULTS:

